

Newsletter No. 6 - October 2010 SSETTION OF THE STATE OF

GATHER A GROUP OF FRIENDS AND TEST YOUR KNOWLEDGE AT OUR TRIVIA NIGHT. ALL PROCEEDS GO DIRECTLY BACK TO THE CLUB.



WE WOULD APPRECIATE ANY DONATIONS FOR DOOR PRIZES OR RAFFLES PLEASE!

WHERE:
KNOX PARK PRIMARY
SCHOOL
KATHRYN RD KNOXFIELD

WHEN: SATURDAY NOVEMBER 6TH 2010

TIME: 7PM, TRIVIA TO START AT 7:30PM

COST: \$10 PER PERSON MAX 10 PER TABLE

TO PURCHASE TICKETS PLEASE CONTACT **JO MOON** ON 0448 801 558 or

EMAIL: jo.moon@live.com.au

ALTERNATIVELY

MICHELLE REEVES ON 0417 132 031 or

EMAIL: reeves35@bigpond.net.au

TICKET PUCHASES NEED TO BE MADE BY OCTOBER 23RD – Ticket will be given out on Saturday Oct 30th DOOR PRIZES AND RAFFLES TO BE WON!!!!!



BYO DRINKS AND NIBBLES

DIARY DATES - NOTE THEM DOWN NOW! SAT 16 & 23 OCTOBER **ROUND 4 & 5 SAT 30 OCTOBER** NO GAMES - MELBOURNE CUP WEEKEND **SAT 06 NOVEMBER ROUND 6 SAT 06 NOVEMBER** WSNC TRIVIA NIGHT! **TUES 09 NOVEMBER** WSNC ANNUAL GENERAL MEETING **SAT 13 NOVEMBER ROUND 7 SAT 20 NOVEMBER** ROUND 8 & REGISTRATION DAY FOR WINTER 2011 **SAT 27 NOVEMBER** ROUND 9 SAT 04 DECEMBER ROUND 10 - FINAL ROUND FOR NON-COMPETETIVE **SAT 11 DECEMBER GRAND FINALS - COMPETITIVE SECTIONS** SUN 06 FEB 2011 CLUB GRADINGS - WEEK 1 SUN 13 FEB 2011 **CLUB GRADINGS - WEEK 2**

SPRING SEASON

Re-grades have now been done for all sections with the exception of 11 & Under, which will be done from Round 5. So, here are the grades and times as they stand for now:)

Team & Section:	Coach / Coaches:	Game time:
11 Mod Allstarz - Sparrows	Amanda & Caroline McCormick	8:30am
11 -1 Kookaburras	Kristine Stanciu	9:25am
11 - 2 Finches	Lisa Clarke & Sue Woosnam	8:30am
11 - 3 Wrens	Tayla Goldspink	8:30am
11 - 4Robins	Liz Dimitroff & Libby Potter	8:30am
13 - 1 Rosellas	Penny Forrest	9:25am
13 - 3 Lyrebirds	Janelle Hillebrand	9:25am
13 - 5 Bellbirds	Linda Wilde	10:20am
15 – 2 Lorikeets	Carol Coulson & Liz Brown	11:15am
15 – 3 Swans	Julianne Lecompte	11:15am
15 – 4 Kingfisher	Sarah Dent	12:10pm
17 – 1 Firetails	Nicole McIndoe & Caroline McCormick	10:20pm
17 - 2 Darters	Liz Brown	12:10pm
17 - 3 Ravens	Sue Hall	11:15am
Open - 1 Hawks	Merrill Black	10:20am
Open - 2 Sandpipers	Joanne Moon & Ashley Dunlop	12.10pm
Open - 3 Falcons	Debby Carter	12:10pm
Open - 4 Doves	Caroline McCormick	12:10pm
Open Premier Kestrels	Julie Papa	11:15am
Open Premier Condors	Taegan Ross	11:15am



Open age To be advised

MDNA Rep tryouts

As advised in our previous newsletter, tryouts for the 2011 teams will take place over 2 weeks in October. Please check your eligibility for the age group you tryout for, eg you must be 13/15/17 yrs or UNDER on 31 Dec 2011

13 & Under	Fri 8th October Sat 23rd October	6pm - 8pm 1pm - 3pm
15 & Under	Sat 9th October Fri 22nd October	1pm - 3pm 7pm - 9pm
17 & Under	Sat 16th October Sat 23rd October	2pm - 3pm 3pm - 4pm

Contact the MDNA to register for tryouts - details on the

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WSNC ANNUAL GENERAL MEETING

This year the club AGM will be held on Tuesday November 9th at Regency Park Primary School, at 7:30pm.

Attendance by members in recent years has been almost non-existent (thank you very much to the very few who do make the effort ©). This is very disappointing as the AGM generally only goes for an hour or so.

Can you find just one hour to show your support for those who freely give their time all year to run this club for you and/ or your child?

We hope to see you there!

This article is written by Brenda Cameron, a member of our General Committee and one of our club Delegates on the MDNA Council this year:

What is "REP"?

When Liz Ellis was eight years old did she already know she would captain Australia's netball team one day? Did she know the pathway that would take her there? I think for most of us, when our children are starting out in netball we don't have such lofty aspirations for them. I also think for most of us, we don't know the pathway to achieving such lofty aspirations. This article is a brief explanation of what Rep is and what it means for our club members.

"Rep" is Representative netball, and teams are made up of players from all 20 clubs in the Mountain District Association to represent it in competition. There are many districts in each state. The next steps beyond Rep are Regional, State and National levels. Most people who play for a club in Mountain District, who go on to play Rep do play for an MDNA team. However, it is possible to play Rep for another district and still play at club level in the MDNA. It is compulsory for the juniors to play at club level if you play Representative. Therefore you need to be prepared for training and playing each week for both club and Rep teams. An occasional Representative tournament is held on a Sunday in addition to the weekly game. The 11 and Under are the exception - they train on a week night but only do tournaments not the weekly Rep game, plus the club level training and game. They usually attend 8 or 9 Sunday tournaments over the course of the season, which works out to about a tournament every 3 to 4 weeks.

The tryouts for Mountain District Rep teams are held each year around October. There are two sessions, usually held over two weekends. The youngest are the under 11's up to Opens. The costs are quite high to play Rep, up to \$400 per season plus uniforms. They do have payment plans.

We would like to encourage everyone who is interested to try out for the Rep teams. It can be good for the children, who progress quickly with good coaching as well as purely from playing and training twice a week, even if they only do it for a year or two to pick up more skills. Wantirna South is not a club that pushes for everyone to try out however we are very supportive of those who wish to.

Expectations management is very important. Remember, your child may be playing on a future Liz Ellis. Some of the children trying out are very tall, especially the early growers. The selectors do like taller players, but mid-courters are sometimes quite short. Make sure the children are aware of these points so we don't have any crushed confidence. The last thing we want is tears over tryouts. It should be viewed as an experience if nothing else comes of it. The child needs to know they are not letting Mum, Dad or anyone down if they aren't chosen. They will certainly not be letting the club down. We value our players as club players too highly to ever expect them to be Rep players on top of that.

The pool of talent at the tryouts varies considerably. In Mountain District, the 11 and Under pool is generally smallest with often 1 of every 2 players being chosen for 2 teams of 10 players. The 15 and Under is generally the largest. They can have up to 80 or more trying out for two teams. The numbers vary greatly each year so don't rely on those figures.

There can also be a variance in the speciality of each player. Each Rep team will have a certain number of goalers, defenders and mid courters. On the tryout day, they may have a lot of goalers turn up, for example, and if your child is a defender they may have a greater chance of being chosen. In this case if your child is a goaler then they have a larger pool to be compared against, and sometimes even really talented players miss out because of that. And then again you don't have to be a super talent to make the cut if the numbers are in your favour.

If you then play for a season or two and acquire some skills it can make your local club career all the more enjoyable, without feeling you need to keep it up for years and years and go on to play at higher levels. So if you are interested go for it, even if you think you are not a super talent. So please try out for Rep if you are interested but don't let the experience crush your confidence. View it as a learning experience. You never know who will be chosen and who won't. So go for it if that is what you would like to do.

I will close this article with a story of a local lad I know who had wanted desperately to be a professional soccer player since he was a small boy. Every year he tried with all his heart to make the Rep teams and every year but one (11U) he missed out. But his belief in himself and the support of those around him kept his dream alive. He is now playing as a 17 year old for the Junior Men's in Glasgow, Scotland.